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Brian J. Murphy  
REAR COMMODORE  
Peter Towner  
SECRETARY  
John Economides  
TREASURER  
Donald Kearney

July 2017

Tel. (617) 846-CPYC

Web site: www.CPYC.ORG

# COMMODORE'S BALL 2017



USCG AUX Commander Robert Amiro, paddle craft safety instructor

Decked out in a white and blue nautical theme, the club looked beautiful thanks to the efforts of Mrs. Commodore, **Holly Schlichting** and Millie's Kitchen.



Above left, the Flag Officers and wives greet the party goers. Above right Commodore **Schlichting** is serenaded with traditional "We Love Our Commodore, like \*\*\*\* we do!"

To left **Kim Kennedy** accepts the Rear Commodore's award from **Pete Towner** for her leadership of the Youth Sailing Program.

To right, Commodore Schlichting presents his award to **Owen Trainer** for his work with the House Committee.

**Dean Fairbrother** who was unable to attend, received Vice Commodore **Brian Murphy's** award for his constant maintenance of the club dinghies..



## Dancing to the sounds of the Shine Band at the Ball



## From the Entertainment Committee: Cinco de Mayo 2017!



Fun was had by all,  
especially John Cataldo.  
Who knew?



## Mother's Day

One of the biggest annual events at CPYC, the Mother's Day Brunch is always well attended. The entertainment committee gives our Mom's an elegant brunch.



## Father's Day

A special kudo's to our Commodore for another great Father's Day BBQ. We had a beautiful day for it and a good turn out. Thanks **Tommy** for all the cooking on your day and for everything that you do.





# Youth Sailing News



In preparation for the 2017 Youth Sailing Program, the Youth Sailing Committee held a successful fundraiser in early May, featuring the Dueling Pianos. (Above) This successful event helped the committee, lead by **Barry Lawton** this year to acquire a new inflatable and motor.

A registration night for the program was held in early May. This year there are 63 youth sailors in the program. (Below)

In early June, there was a Parent Information Night held to review the program scheduling, activities, skill groups, and rules and regulations both of the program and the club. ( Below) Once again this year there is an extended program a Monday afternoon racing clinic for intermediate and advanced sailors, and the Thursday afternoon Hatch Brown Series.

The N-10 Open will be at CPYC on August 2 and 3rd. In addition our youth sailors are being encouraged to attend away regattas such as the Hingham Bay Jr Regatta, Midgets, Scorpion Bowl, and Marblehead Jr Race Week.



The Program began on June 26th with swim and capsizing tests during the day and a family barbeque in the evening. (Below left and right)

The program director is **Katie Houstle**, Winthrop Middle School teacher. College sailing team member and program veteran **Cecelia Moreira** is the head instructor. Other instructors include **Sam Marcott**, **Rebecca Evans**, **Wil Holden**, **Simon Moreira**, and **Marc Montaldo**. The Junior instructors are **Chris Rodriguez**, **Ally Montgomery**, and **Ella Mc Carey**. Instructors in training include **Andreas Simon**, **John Cataldo**, **Zara Powell**, and **Victor Lomba**.

**Leslie Koufory** and **Dannie Foley** will be running the Snack Bar during lessons for snacks and drinks.





## Paddle Board Safety Day at CPYC

On Saturday June 24th, CPYC hosted the United States Coast Guard Auxiliary for an educational program on paddle board safety. Many thanks to **Ray Julian** for organizing the program and providing some interesting facts about paddle boarding. Paddlesport participation has grown dramatically in recent years. This is supported by the steadily increasing number of Kayaks at

CPYC. Low entry cost, easy storage, less maintenance and flexibility are some of the reasons many people have decided to become paddlers. About 22 million Americans — 7.4 percent of the population — enjoy paddling. Between 90,000 and 105,000 canoes and 350,000 kayaks are sold annually, according to industry figures. However, all of this growth in paddlesports has a dark side. The number of fatalities has gone up. In the most recent reporting year, 2015, 29% of boating deaths were paddlecraft related; in 2016, fatalities climbed even higher. Current efforts to reach the paddling



Class Participants

public have fallen dramatically short. The Coast Guard Auxiliary Strategic Plan for 2017 focuses Auxiliary efforts on addressing the problem by expanding outreach to the paddlecraft community. As a result there is an excellent brochure “Be Smart, Be Safe, Have Fun,” a Beginners Guide to Safer Paddling, and “If Found” stickers for kayaks available in Pilot House or contact Ray Julian [ray\\_julian@bc.edu](mailto:ray_julian@bc.edu) Because of the increase kayaks being used at CPYC by both adults and youth, a brief review the elements of safe kayaking from the brochure follows:

**Always Wear Your Life Jacket**—48% of kayaking fatalities are not wearing life jackets.

**Know Your Limits**—Be honest with yourself regarding your abilities, and water conditions. Impairment causes accidents.

**Carry Paddling Essentials**— drinking water, signaling device, paddle float, a means of communication, extra clothing layers, snacks.

**Plan for Changing Weather** —check weather forecasts, prepare for the worst, pay attention to the sky.

**Take a Paddling Class**—learn good techniques and safety.

**Dress for Immersion**— wear gear of hi-tech fabrics to keep dry, wet or dry suits.

**Tell a Friend**—share you planned route and details of your excursion. Who, where, when, and what to do.

**Make Yourself Seen**—dress for visibility in daylight and carry a flashlight at night, practice defensive paddling, know the rules of the road.

Editorial Comments - Points based on personal observation.

1. When paddling in the marina area be very aware of boats under power arriving to dock. Stay out of their way. They are not as maneuverable as kayaks and space can be tight.

2. When entering the marina under power LOOK for possible paddlers who may not be paying attention. SSH

Photos by Erlyn Ordinario



Vice Commodore **Brian Murphy** accepts awards for hosting the program from **Ray Julian** and AUX Commander **Robert Amiro**, paddle craft safety instructor **Brian's son Sam** helps Dad.

## 2017 Marion to Bermuda Race

By Mitch Wiest



**The crew of Cynosure docked at the Royal Hamilton Amateur Dingy Club (Skipper Logan Greenlee, Bob Dickey, Navigator Eric Crawford and Mitch Wiest)**

As the sea temperature rose to 78 degrees and the speed over ground eclipsed 9 to 12 knots, we knew the navigator's gamble to the east paid off as a favorable eddy sweeping us into first place. After a brief and unusually benign time in the stream (it was my fourth crossing and our navigator's 14<sup>th</sup>), we set a waypoint for the northeast corner of the fringing reef. Apart from several freighters, we didn't see any other boats or our competitors until about a day out. After racing for over 700 miles, we rounded the mark at Horseshoe Shoals with four other boats finishing just after sunset, five days, 8 hours and 23 minutes after starting. Finishing in time to watch the J-Class boats race and the first day of the AC finals, wasn't too shabby either.

With our shorthanded crew of four including CPYC Regatta Chairperson Mitch Wiest, *Cynosure* (Pearson Rhodes 41) took third place in class (out of 13) and third place overall (out of 51, corrected time) in the 40<sup>th</sup> anniversary of the biannual Marion to Bermuda Race. This year's race was a test of light air sailing skills, concentration and patience with the Bermuda High shutting down the breeze about 100 miles from the finish at St. David's Light.

The start in Buzzards Bay did not disappoint with reefed mains beating down the bay against the building southwesterly. After turning left at Sow and Pigs and pointing the boat at our navigator's Gulf Stream entry point, it was a 30 to 40-hour starboard tack reach to the stream. In fact, we never needed to use the port lee cloth during the race.



**Sunset over the Gulf Stream**

### Wednesday Night Racing

The Spring series has ended. The miserable spring weather delayed the ability of several boats to compete in all of this series. Results for this series were:

#### **Class A**

- 1st Wildthing
- 2nd Hound Dog
- 3rd Churchkey
- 4th Jaguar
- 5th LaFawnduh
- 6th Eclipse

#### **Class B**

- 1st Iphigenia
- 2nd Morris the Cat
- 3rd Sojourner

**Race Committee Chairman Jeff Jorgensen about to start a race.**



### Labor Day Weekend Activities

★ As lead up to the class' North American Championships in September our Star Class will be holding a "Warm up" regatta at CPYC Sat and Sunday Sept 2&3rd.



On Labor Day  
Duckie Regatta      Cardboard Boat Regatta



Watch for more fun activities

**CPYC Flag Officers and Past Commodores march in the Memorial Day Parade**



## IMPROPER BOSTONIAN MAGAZINE SHOOTS LAYOUT AT CPYC



On June 9th CPYC became a studio for a fashion shoot called "Rock the Boat" of upscale clothing for sail boating for the Improper Bostonian Magazine by S.S.Miller Productions.

Our stage transformed into a make up room, hair salon, and changing room for the six page spread that was being done. Scenes around the club, various pilings, and the lobster traps aside the **Lawton/Kennedy** boat *Beetle* were used. In addition they filmed with three member sail boats **Bob Baum's**, the **Hardy's Jaguar**, and the **Curtis' Tortuga**. *Tortuga* took the film crew on an excursion into Boston Harbor to photograph on the boat with the skyline of Boston as a backdrop. The **Cataldo's** boat was used as a chase boat for one of the film crews.

The shoot lasted over 11 hours and hundreds of pictures were taken. The Improper Bostonian chose to do the shoot because of an increase in the number of sailboats being purchased. The photo shoot will help draw attention to CPYC



## HS Sailing Team Wrap Up

The High School Sailing team concluded their season with a break up Dinner at CPYC. They finished their season with a 2 and 4 record. The later meets were close reflecting the teams steady improvement. Several student on the team are a part of our youth sailing program and received awards from Coach **Catherine Domina** at the breakup dinner.



### MVP Skipper

**Ella McCarey** has been without a doubt the most valuable skipper on the team. She truly stepped up to her role as co-team captain, from helping during rainy day lessons to winning many races by a landslide. She has been a real leader on and off the water and the team has benefitted greatly from her presence this season.

### MVP Crew

While **Andreas Simon** is both a skipper and a crew he was, in fact, the most valuable crew member on the team. He was versatile on the water and willing to switch on and off the tiller at a moments notice. Being both crew and skipper allowed for him to be a most helpful crew to his fellow skipper, as he could offer advice as he went while still doing his job as crew. In addition to the sailing aspect, he has been a valuable "crew" member to the team at large. He's been the one called when the centerboard is stuck, to bring up that last piece of equipment, or for use of his various knives, fire torches, et al!

### Unsung Hero

Everyone on the team loves to give **John Cataldo** a hard time, but beyond the youthful surface is a budding leader. This sailor is always ready to step up to the plate and help out in any way possible. He thinks of helpful ideas and has made an impact.

### The Little Boat Could!

**Denise Economides** towing **Tom May's Hound Dog** to make the starting line one Wednesday evening.



## Ladies Spring Roll Off



**Team Wednesday:**  
**Helen Adamson, Galina Anderson,**  
**injured Nancy Corbett, Gail Parish, and**  
**Mary Ann Collins**

In the first string Team Wednesday jumped out to an impressive early lead. 41 pins ahead of the nearest team, Tuesday. While their second string was not as good they still led after two strings by 24 pins. Monday, Tuesday, and Thursday made a good effort, but they just could not catch Wednesday who finished first with 1007 pins. Tuesday was second with 959, followed closely by Thursday at 957, and Monday at 949 pins.

## Men's Spring Roll Off



**Team Wednesday Winners**  
**Steve Honan, Steve Colson, Jason Nalen, Dan Sheppard**

In the first string Tuesday Wild bowled well to take the lead by 12 pins over second place Tuesday. Wednesday Winners bowled an outstanding 410 in the second string to close the gap with Tuesday Wild overtaking them by 28 pins. Wednesday Winners went on to win the roll off by 20 pins at 1137 pins over second place Wednesday Wild with 1117 pins. Tuesday Winners and Tuesday Wild tied for 3rd at 1114 pins.

### Spring Awards

High Three Jane Carideo 92  
 High Three Mary Sullivan 334  
 High Single Maureen Ford 129  
 High 3 with HCP Claire Hubbard 393  
 High 1 with HCP Donna Reilly

### Yearly Achievements

High Average Jane Carideo 91  
 High Three Mary Sullivan 334  
 High Single Maureen Ford 129



### Achievements

High Single Pete Towner 141  
 Hi Triple Jeff Meskell 352  
 High Average Mike LaRosse 105

At the Commodores' Ball  
 Norm Siefert 90+ years young has  
 a ball singing a love song with The  
 Shine Band's lead singer.

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## Adult Sailing Lessons Begin

Another summer of Adult sailing lessons begin thanks to **Pamela Aranov** and all of the volunteer instructors.



New member **Sonya Kushkuley** hoists the main sail during the first lesson



**Richard Honan** teaches students about the parts of the boat and their functions when under sail.



## Meet Our New Members

### Regular Membership

**John Macero** has upgraded from Social membership to Regular membership.

**Erik Barry** is no stranger to CPYC as he is the son of members **Maureen** and the late **Joe Barry**. A painting contractor he lives in Winthrop with his wife **Julie** and their two daughters, ages 9 and 12, the younger of which will be participating in the Youth Sailing Program.

Having been a member in the past, **Karen Brodin** has once again returned to CPYC membership. She has three children and at least one will be involved in the Youth Sailing Program this summer.

### Young Adult Membership

Originally from Southwick, MA, **Christopher Reardon** now lives in Watertown. He works in gene therapy research at U. Mass Medical School. **Chris** is bringing his first boat to the club, the soon to be named Cape Dory Typhoon Weekender.

Originally from Rochester, NY and now living in Somerville, **David Meichle** works as a scientist for a start up company in Watertown. He has a Cape Dory 22 which he sailed on as a child. **Dave** also plays French horn in a brass quintet.

**Beau Schlichting**, son of Commodore **Tom Schlichting** and **Holly Schlichting**, is no stranger to CPYC. **Beau** has been involved at CPYC since his early years, as a sailor and instructor in the youth sailing program, a DJ at parties, and helping out at events. Having just graduated from Northeast Vocational School he is entering the US Army in July.

### Trial Membership

Winthrop resident **Rachael Gray** and her husband **James Clark** have two children, **Jonah** and **Kathryn**. A transplant

nurse at Beth Israel Deaconess Medical Center, **Rachel**, looks forward to getting reacquainted with CPYC as she sailed here as a child and wants her children to become a part of the Youth Sailing program.

**Kevin Kotylik** and his wife **Erica** moved to Winthrop a few years ago with their two children, **Gordon** and **Willie**. While his children are still too young for the Youth Sailing program, they know a number of families who are involved in the program. **Kevin** is sales for Log Me In and a member of the Winthrop Golf Club. Photographer and owner of Beacon Photography, **John Munson** and his wife **Angie** reside in Winthrop with their two children, one of which will be participating in Youth Sailing,

**Amie Maddalone** and her husband, **Joel** live in Winthrop with their two children **Emily** and **Matthew**. An IT project manager with MWRA, **Amie** is interested in having her children a part of Youth Sailing. They know a number of CPYC members.

**Sarah Roth-Oosten**, originally from Winthrop, has returned to her hometown after spending 10 years in France and Europe. She lives with her husband, **Hans**, and her two children, **Hayden** and **Harper**. **Sarah** and **Hans** are taking adult sailing lessons, and are interested in enrolling **Hayden** in our youth sailing program next year. She is the owner of La Petite Boutique in Winthrop Center.

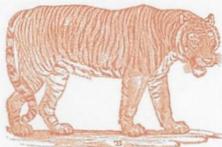
### Social Membership

**Phylis Poor** is the mother of Regular member **Stephen Poor**. She is an artist and teacher working in the fabric arts, and is also involved in the Winthrop Art Association and the Winthrop Historical Association.

CPYC neighbor and 30 year Winthrop resident, **Maureen Kelly** had four adult children and is a grant administrator at Spaulding Hospital.

**Tammy Burditt** is the daughter of Social Member **Bob Burditt**, and mother-in-law of **Connor O'Brian**. **Tammy** is an expectative administrator at State Street Global Advisor. She has also been a member of the Elks and Pleasant Park YC where she was the Secretary.

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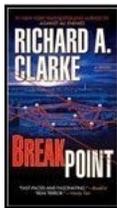
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## Book Club

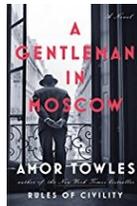
The September 26th selection is "A Gentleman in Moscow" by Amor Towles. A book laced with intrigue, Count Rostou is sentenced to house arrest in Moscow's Metropol Hotel.



"Breakpoint" by Richard Clarke is the October 24th selection. Will the world's vital systems be brought to the breaking point, or stopped.

Book Club welcomes all. Selection suggestions are welcomed.

Attendees are free to contribute or listen. For questions, contact **Pamela Aranov** at [www.aranov@rcn.com](mailto:www.aranov@rcn.com)



**Betsy Gahan and Elaine Sullivan** brought the burgee to Alaska. Just after they boarded their bus, they saw a grizzly bear in the area. They were certainly glad to be on the bus.



### Tall Ships 2017 From Winthrop

Left **Michael Rinaldi** took this unusual shot from Seal Harbor.

Below From Deer Island by Richard Honan



### The Ear Hears.....

Our condolences to the family of Social member **Paula Hicks-Ryan** on her passing. \*\*\*

It is with great sadness that we send our sympathy to the entire **Diamond and Briggs** families on the passing of **Elsie Diamond**. Wife of the late long time member, **Jack Diamond**, **Elsie** was an active member of Women's Bowling for many years. \*\*\*

Congratulation the **Aslinger's** on the birth of their second daughter. \*\*\*

Congratulations to **Marty O'Brien** on being awarded the Community Service award for Winthrop at the recent Northeastern Conference Coaches Banquet for his long time involvement in Winthrop's soccer program including being the current president, and for his role in starting, resurrecting, and advising the High School Sailing Team.



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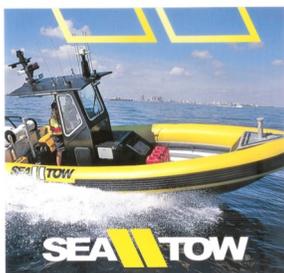
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***IN THE WIND***

July 1  
 July 14  
 July 15

**JULY**  
 Blessing of the Fleet  
 Friday Night Dinner  
 Constitution Cup

Aug 2&3  
 Aug 5&6  
 Aug 18  
 Aug 20

**AUGUST**  
 N-10 Open  
 Make-A-Wish Weekend  
 Friday Night Dinner  
 JFK Regatta

Sept 2&3  
 Sept 4

**SEPTEMBER**  
 Star Regatta  
 Rubber Duck and Card  
 Board Boat Races

Sept 9  
 Sept 22  
 Sept 26  
 Sept 30

Disco Night /Vinyl Groove  
 Lobster & Steak Dinner  
 Book Club  
 Beer tasting

Oct 21&22  
 Oct 27

**OCTOBER**  
 Marina Weekend  
 5K Dinner

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